

The Heron Herald

November- 2015



Volunteer needed. See "This 'N That"

MEETINGS

1. Tuesday, Sept. 15th, 2015

At our very first meeting in the Neighborhood Learning Centre facilities, Heather Redmond spoke on Native Medicinal Plants. After she talked about her garden plants, she invited us to taste her huge choice of "teas". She brought her talk on a cell phone but no problem getting it up on the screen. Wow, state of the art technology in this facility!



2. Tuesday, Oct. 20th, 2015

A good turn out to hear SFU's Wendy Palen share her research findings on environmental impacts of tar sands extraction and hydropower projects. Wendy is developing an online independent power project decision making toolkit. She called on her M.Sc. grad student, Rylee Murray, to tell about tailed frogs, one of the SAR that factor into toolkit decisions.



FIELD TRIPS

1. Willband Reg. Park –Sun. Sept. 20

Leader Helen Turner with several members saw a "funny" goose hanging out with the usual

waterfowl at Willband - delicious snacks at Lepp's Farmers Café afterwards.

2. Vedder Mountain – Sun. Sept. 27

With Leader Denis Knopp six members explored this gorgeous West Coast Forest with giant Western Red Cedar, sword ferns and salal. Denis showed us a red-backed salamander, tall bugbane, a listed plant, and native banana slugs. The terrain gave us a good workout albeit we shared it with mountain and dirt bike enthusiasts.



3. Reifel Bird Sanctuary –Sun. Oct 25

Although the lesser snow geese flocks were way out on the beach, 8-members enjoyed the blackcapped chickadees, a barred owl, flocks of dabbling waterfowl & long-billed dowitchers. A side trip to Ladner's West Coast Seeds Store added to a fine trip.



THIS 'N THAT

1. After 19-years on the job, Madam Editor is retiring. Thank you Heather for a job well & faithfully done! Janne edits until a new newsletter publisher volunteers. Please step up.

Admiring CFN booth at Yarrow Nature Fair



2. Janet Pollock and Heather Larstone "womaned" our booth at the Oct. 17 Yarrow nature Fair. It attracted the "who's who" of Fraser Valley environmental groups. Pamela Zevit of South Coast Conservation hosted all ages for interpretive hikes on the old Yale wagon road. She pointed out that calcium-rich stinging nettle attracts the SAR listed Oregon forest snail. Calcium is good for shell creation!